

# 25 Best Trekking Location Of India One Should Not Miss

From the snow capped mountain ranges of Himalayas to rough glaciers to frozen rivers to delightfully colorful valleys of flowers. Indian landscape has some of the most amazing treks which could accommodate varied degrees of difficulty. Trekking in India is not only a physical journey but also a spiritual one too. Here are some of the best treks from across the length and breadth of India.



## **#1 Chadar Trek**

Region: Leh, Ladakh, J & K

Duration: 09 days

Grade: Difficult

Max Altitude: 11,123 Ft.

Ideal Time: Mid January to End February

Chadar trek or Zaskar, the most glamorous treks of Ladakh, with cold water flowing just few inches below the frozen Chadar river under you feet, is also one of the toughest treks in the world. It is a winter trek where the harsh terrain and bone chilling cold will pump up the adrenaline to another level.



## #2 Stok Kangri Trek

Region: Leh, Ladakh, J & K

Duration: 06-08 days

Grade: Difficult

Max Altitude: 20,182 Ft.

Ideal Time: Mid July To End September

Stok Kangri is comparatively easier of the six thousand-er peaks but is still no cake walk and requires proper acclimatization. Stok Kangri in Ladakh is the highest trekable summit in India (20,182 feet/6,153 mts). Snowy areas, narrow rivers and scenic valleys, Stok Kangri has it all to offer to the adventurers.



### **#3 Markha Valley Trek**

Region: Leh, Ladakh, J & K

Duration: 08 days

Grade: Moderate to Difficult

Max Altitude: 16,895 Ft.

Ideal Time: Mid June To Mid October

Situated in Ladakh, passing through beautiful Buddhist

monasteries, villages and high altitude pastures, Markha Valley trek is one of the most famous treks of this region. The valley runs parallel to the Himalayan mountain range and has some of the most scenic barren landscapes making it the most sought after trek in the region. Accommodation is available in most villages in tents and huts giving it the 'tea house' trek name.



#### **#4 Roopkund Trek**

Region: Uttarakhand

Duration: 08 days

Grade: Moderate to Difficult

Max Altitude: 15,696 Ft.

Ideal Time: Mid May to End February

Roopkund, or Mystery Lake is a high altitude glacial lake situated in Uttarakhand which is famous because of the

hundreds of human skeletons, dating back to 9th century B.C. found at the edge of the lake which are visible when the snow melts. Surrounded by snow capped mountain ranges on all the sides, with rivers flowing by the side and miles of meadows, Roopkund trek is an enjoyable experience



## **#5 Kuari Pass Trek**

Region: Uttarakhand

Duration: 06 days

Grade: Easy to Moderate

Max Altitude: 12,763 Ft.

Ideal Time: April to June, September to October

The alpine meadow of Kuari Pass trek are one of the few treks in the Himalayas which are accessible even in winters. A moderately difficult trek, Kuari Pass trek offers the breathtaking view of the enchanting Himalayan mountain range

including mountains like Nanda Devi, Dunagiri, Kamet and many more.



## **#6 Gangotri -Gaumukh -Tapoban Trek**

Region: Uttarakhand

Duration: 5-7 days

Grade: Moderate

Max Altitude: 14,638 Ft.

Ideal Time: April to June, Mid August to September

Along the holy river Bhagirathi, the trek takes you all the way up to the mouth of the river, popularly known as Gaumukh which is situated at the base of the Gangotri glacier. This trek is best recommended for nature lovers who like a bit of adventure like rock-climbing, boulder-hopping and glacier-traversing.



## **#7 Valley of Flowers and Hemkund Trek**

Region: Uttarakhand

Duration: 05-06 days

Grade: Easy

Max Altitude: 12,655 Ft.

Ideal Time: July to September

Situated in the Nanda Devi Bio Reserve, one of the national parks of India, Valley of Flowers leaves you intoxicated by the heavy scent of the flowers on the valley floor. July and August are the best times to undertake this trek as flowers are in their full bloom during that time. The holy lake of Hemkund is an important pilgrimage of Sikhs and Hindus and lies near the Valley of Flowers.



## **#8 Nanda Devi East Base Camp Trek**

Region: Uttarakhand

Duration: 15 days

Grade: Moderate

Max Altitude: 13,615 Ft.

Ideal Time: Mid June to End September

The second highest mountain peak in India, Nanda Devi is one of the highest peaks of the Himalayan mountain range. Considered one of the hardest peak to conquer, June to September is the ideal time to visit it. Ever since the closure of Nanda Devi Inner sanctuary region, Nanda Devi East Base Camp is the closest one can get to witnessing the beauty of the Nanda Devi. Nanda Devi Bio Reserve is the most spectacular wilderness areas in the Himalayas.





## **#9 Har ki Doon Trek**

Region: Uttarakhand

Duration: 08 days

Grade: Easy to Moderate

Max Altitude: 11,675 Ft.

Ideal Time: Mid May to June, September to October

Also known as Valley of God, Har ki Doon valley situated below Fateh Parvat, is one of the most beautiful valleys in Western Himalayas. At a height of 3566 mts, Har ki Doon offers rich variety of flora and fauna with breathtaking meadows and beautiful glacier basins in middle of mountain peaks.



## **#10 Pindari Glacier Trek**

Region: Uttarakhand

Duration: 08 to 10 days

Grade: Easy to Moderate

Max Altitude: 12,300 Ft.

Ideal Time: April to November

Situated in the upper reaches of Kumaon Himalayas and surrounded by snowcapped peaks, Pindari Glacier is a 90 km round trip trek which could be comfortably completed in 6 days. Lying at the southern end of the Nanda Devi Sanctuary nestled between the Nanda Devi and Nandakot mountains, Pindari Glacier offers breathtaking scenic beauty which is beyond words and also one of the most easily accessible glaciers.



## **#11 Chandrashila Trek**

Region: Uttarakhand

Duration: 08 days

Grade: Easy to Moderate

Max Altitude: 13,415 Ft.

Ideal Time: Round the year

To be spellbound by the natural splendour of the Garhwal Himalayas, take a snow trek to Chopta, Deoria Tal and Chandrashila Peak, that offers you the best of trekking in Uttarakhand. Not only will you get a chance to surpass breathtaking pastures laden with snow, anyone can take this trek due to the easy terrains and comfortable trails.



## **#12 Triund Trek**

Region: Himachal Pradesh

Duration: 03 days

Grade: Easy

Max Altitude: 9,350 Ft.

Ideal Time: Round the year

Embraced by the fascinating charm of the Dhauladhar Range and adorned with the enchanting beauty of Dharamshala, Triund proves to be a soothing destinations in the country. A popular trekking destination in Himachal Pradesh, this salubrious hill entices its visitors with all its natural grandeur and appeal



### **#13 Pin Parvati Pass Trek**

Region: Himachal Pradesh

Duration: 11 days

Grade: Difficult

Max Altitude: 17,500 Ft.

Ideal Time: May to September

A 100 km trans Himalayan trail with the highest point at an altitude of 5319 mts, is a great adrenaline booster for seasoned trekkers. The amazing trek has some of the most spectacular sceneries and mind-blowing landscapes which change as you move from Kullu to Spiti.



## **#14 Kinnaur Kailash Circuit Trek**

Region: Himachal Pradesh

Duration: 9-12 days

Grade: Difficult

Max Altitude: 15,004 Ft.

Ideal Time: End June to October

The 79 feet vertical rock in the Kinnaur Kailash mountain range, one of the mythical abodes of Lord Shiva is one of the finest adventures in Himachal Pradesh. Considered sacred by both the Hindus and the Buddhists, this trek is considered one of the toughest in Himachal Pradesh.



## **#15 Hampta Pass Trek**

Region: Himachal Pradesh

Duration: 05 days

Grade: Easy to Moderate

Max Altitude: 14,100 Ft.

Ideal Time: May to October

The Hampta Pass trek is another stimulating high altitude one in the Kullu valley. The maximum height achieved during this trek is around 3960 metres. It begins at Jobra and goes through places such as Chika, Balu ka Ghera, Shea Goru crossing, Chatru, Chandrataal and then reaches Hampta.



## **#16 Rupin Pass Trek**

Region: Himachal Pradesh and Uttarakhand

Duration: 05-08 days

Grade: Easy to Moderate

Max Altitude: 15,250 Ft.

Ideal Time: May to June, September to October

Rupin Pass Trek is a high altitude trek across the Himalayas starting in Uttarakhand and ending in Himachal Pradesh. This is not an easy trek especially if taken up early in the season when most of route is covered by snow and ice. Also since some sections of trek are steep, all the trek gears have to be carried by yourself or porters.





## **#17 Goecha La Trek**

Region: Sikkim

Duration: 10-12 days

Grade: Moderate to Difficult

Max Altitude: 16,207 Ft.

Ideal Time: End April to End June

The mountain pass in Sikkim at a height of 16,207 ft, Goecha La pass also serves as the base camp for those who aspire to scale the world's third highest peak, the Kanchenjunga mountain. With the trail passing through forests and meadows, Goecha La Trek is also one of the most romantic treks in the Himalayas.



## **#18 Yuksom Dzongri Trek**

Region: Sikkim

Duration: 10-12 days

Grade: Moderate

Max Altitude: 13,780 Ft.

Ideal Time: September to November, March to April

Among the popular ones, the Dzongri trek ideal for those who do not wish to undertake long and hard trekking journeys. The gradient is gentle on this trek and it can easily be completed in eight days. This journey will take through beautiful oak forests, clumps of pine, chestnut, rhododendrons and maple trees



## **#19 Kudremukh Trek**

Region: Karnataka

Duration: 1-2 days

Grade: Easy

Max Altitude: 6,210 Ft.

Ideal Time: October to February

Kudremukh, meaning horse-face, is a 6 km uphill trek in Chikmangalur district of Karnataka. Trekking is permitted in Kudremukh only from 6 am to 5 pm and make sure you have necessary permissions from the forest officials



## **#20 Kumara Parvatha Trek**

Region: Karnataka

Duration: 2 days

Grade: Moderate

Max Altitude: 5,620 Ft.

Ideal Time: September to February

Kumara Parvatha is the second highest peak in Coorg in Karnataka, Kumara Parvatha trek is considered one of the toughest treks in South India. But the exhilarating view of the forest from the top makes this trek worth it



## **#21 Chembra Peak Trek**

Region: Kerala

Duration: 2 days

Grade: Easy

Max Altitude: 6,900 Ft.

Ideal Time: September to February

Among the sought after places, the trekking trail to the Chembra peak passes through beguiling meadows. Situated in the Wayanad district in Kerala, this is where you can see in the untamed beauty of the Western Ghats. The peak is at an elevation of 6,900 feet and is popular among amateur trekkers. The initial gradient is steep but it becomes easier and gentler as you near the peak



## #22 Rajmachi Trek

Region: Maharashtra

Duration: 1 day

Grade: Easy

Max Altitude: 2,710 Ft.

Ideal Time: September to February

Situated in Pune, Rajmachi is a favoured destination for trekking in India. Perched on an elevation of 2710 feet, the hill fort attracts a large number of amateur and professional trekkers from all over the country and the world. This trek takes a minimum duration of one day.



## #23 Ratangad Trek

Region: Maharashtra

Duration: 2 days

Grade: Moderate

Max Altitude: 4,260 Ft.

Ideal Time: June to February

The Ratnagad Fort finds very little mention in historical texts but is an important tourist destination and a popular destination for trekking in India. It is surrounded by a beautiful water tank. The summit is the best place to catch a spectacular view of the Deevanmal and Saimal villages. The journey to the Ratnagad Hill Fort trek begins at Pen and will take you through places such as Sapoli, Deevanmal and Kamarli



## **#24 Siang Valley Trek**

Region: Arunachal Pradesh

Duration: 11 days

Grade: Moderate

Max Altitude: 4,100 Ft.

Ideal Time: October to February

The North Eastern part of India offers a number of interesting trekking trails that entice a number of travellers from all around the globe. The Siang Valley Trek is one such destination and the journey takes about 11 days and 12 nights. It starts from Dibrugarh and takes you through places such as Yembung, Sessen, Ponging, Marying, Milang and Peaka Modi before reaching the Siang Valley.





## **#25 Sandakphu Trek**

Region: West Bengal

Duration: 3-4 days

Grade: Moderate

Max Altitude: 11,929 Ft.

Ideal Time: March to May, October to December

The Sandakphu trek will take you through the charming environs of Darjeeling. It offers one of the most exciting trails for trekking in India. Not only do you get to enjoy the natural beauty of the place, but also get to put your trekking and climbing skills to test. There are two routes that you can undertake while on the activity. Both the routes start at Maneybhanj. The first route will take you to Sandakphu via Tonglu, while the other one will take you to places such as Tonglu, Sandakphu and Phalut. This journey can be completed in two days time and is perfect for those who are looking for a

quick trekking experience.

*We guarantee after reading about these treks you must have started a planning to go there but one should remember every trek is not memorable just because of its scenery and beauty its all about the organized experience of your adventure. If you want to enjoy your trek & trip to the fullest, you need a best travel partner with you and here we at Ibex believe in the same and we put all our efforts to make your treks successful & memorable for lifetime.*

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## **Ibex Hikes**

**Adress : Avishkar, 6 Vidyasagar, Narsinha Nagar, Gangapur Road, Nashik – 422 013, Maharashtra, India.**

**Phone: +91 9822001253 | +91 9823181438**

**Email: [ibexhikes@gmail.com](mailto:ibexhikes@gmail.com)**

**Website: <http://ibexhikes.com>**

**WhatsApp: +91 9822001253 | +91 9823181438**

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**Group:**

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