

# Hampta Pass

**Region:** Manali, Himachal Pradesh | **Grade:** Moderate + |  
**Duration:** 07 days (Manali to Manali)

Hampta Pass trek is one of the most awe-inspiring treks in the Kullu region of Himachal Pradesh. The Hampta Pass offers breathtaking views of the two different sides of the Himalayas. On one side of the pass lies the lush green Kullu valley and on the other side is the stark opposite dessert valley of Lahaul. The trek is of moderate difficulty level and is preferred by both beginners as well as experienced trekkers. The maximum altitude attained gained during Hampta pass trek is 4270 m and total trek distance is 35 km. The best time to do Hampta Pass Trek is from June to October.

## **ITINERARY**

**Day 01:** Arrival at **Solang Valley**, Manali (Acclimatization day)

**Day 02:** Transport to **Prini** (17 kms) by taxis

**Trek Starts—** Prini (6700 ft) to **PanduRopa** (8000 ft) stay

**Day 03:** PanduRopa to **Chika** (10100 ft) stay

**Day 04:** Chika to **Baluka Ghera** (11900 ft) stay

**Day 05:** BalukaGhera – **Hamta Pass (14100 ft)** – Balu ka Ghera stay

**Day 06:** BaluKaGhera – **PanduRopa(Trek ends)**

Transfer to Solang Valley by taxis

**Day 07:** Departure After Breakfast

**Show Your Interest in this trek by filling below form, our team will get in touch with you.**

Your Name \*

Your Email \*

Mobile Number \*

Send