

# Roopkund

**Region:** Garhwal, Uttarakhand | **Grade:** Moderate to Difficult |  
**Altitude:** 16,000 Ft approx | **Age grp:** Above 18 yrs

**Roopkund** (locally known as *Mystery Lake*) is a high altitude glacial lake in the Uttarakhand state

of India. It lies in the lap of *Trishul massif* and is famous for the hundreds of human skeletons found at

the edge of the lake. The area is uninhabited, located in the Himalayas at an altitude of **5,029 meters**

(16,499 feet). Surrounded by rock-strewn glaciers and snow-clad mountains, the lake is a popular

trekking destination.

A shallow lake, having a depth of about two meters, Roopkund has attracted attention because of the

human skeletal remains that are visible at its bottom when the snow melts.[3] Many theories and opinions

exist, from purely spiritual to scientific ones, attempting to explain the existence of these skeletons,

which date back to 9th century CE. Because of the human remains, the lake has been called **Skeleton**

**Lake** in recent times

## **ITINERARY**

**Day01:** Arrival at Kathgodam Rly. station in the morning and **leave for Lohajung**

(2244mtrs.) By Jeep 220 Kms. Night stay at Lohajung in Tourist

Lodge/Tented Camp.

**Day 02: (Trek Starts)**

**Trek to Didana (2700 Mtrs)** 12 Kms. Night stay at Didana in tented Camp/

Tourist Lodge.

**Day 03: Trek to BediniBuggyal(3354 Mtrs)** 10 Kms. via Ali Buggyal (3310 Mtrs.)

Night stay at BediniBuggyal in Tented Camp.

**Day 04: Trek to PatherNachani(3800Mtrs)** 5 Kms. Kms. Night stay at Pather

Nachani in Tented Camp.

**Day 05: Trek to Bhaguabasa(4000 Mtrs)** 4 Kms. Night stay at PatherNachani in

Tented Camp.

**Day 06: Trek to RoopKund– Bhaguabasa – PatherNachani.** Total trekking

distance – 14Kms.Night stay in tented Camp.

**Day 07: Trek Down to Van Village (2450 Mtrs)** 14 Kms. (**Trek Ends**) & back to Lohajung by

Jeep – 15 Kms. Night stay at Lohajung in Tourist Lodge/Tented Camp.

**Day 08: Lohajung to Kathgodamby Jeep**

**Show Your Interest in this trek by**

**filling below form, our team will  
get in touch with you.**

Your Name \*

Your Email \*

Mobile Number \*

Send